



DEALING WITH CHANGE

WORKSHOP DESCRIPTION

Most change initiatives include training sessions for supervisors and managers to help them better implement those initiatives. However, few change initiatives include sessions designed to help individual contributors better deal with those changes being implemented by their supervisors and managers. To that end, this four-hour program is designed either as a stand-alone session or as a complementary session to the *Leading Change at Every Level* training. Created in a highly interactive format, the session will help participants deal more effectively with workplace change – and provide specific communication strategies and techniques to help them influence their supervisors and managers to lead more effectively during periods of workplace change.

WORKSHOP OBJECTIVES

Upon completion of this program, participants will be able to:

- Understand the stages of dealing with change, how and why they struggle with change, and how change affects performance;
- Recognize how they are currently dealing with a significant workplace change, as identified by the *Dealing with Change Assessment*;
- Apply effective communication strategies and techniques for helping their supervisors and managers give them the appropriate “Performance Management Role” for their current “Stage of Performance”; and
- Identify ways to help their leaders effectively implement “The Five Dimensions of Change” (if the workshop is offered in conjunction with the *Leading Change at Every Level* training).

For more information – or to schedule a workshop – contact Marathon Leadership® today!



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